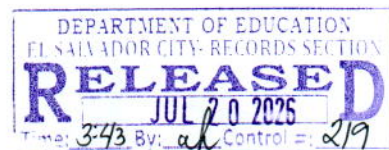




Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY



July 16, 2026

DIVISION MEMORANDUM
No. 219, s. 2026

INVITATION TO PARTICIPATE IN THE 2026 NUTRITION MONTH CULMINATION
PROGRAM OF THE CITY NUTRITION OFFICE OF EL SALVADOR

To: Asst. Schools Division Superintendent
Chief, School Governance and Operations Division
Elementary and Secondary School Heads
School Health and Nutrition Unit
All Others Concerned

- Regarding the invitation from the City Nutrition Office, this Office through the School Health and Nutrition Unit urged the participation of the Elementary and Secondary Schools to the **2026 Nutrition Month Culmination Program** on July 27, 9:00 am at El Salvador City Ground with the theme "Nutrisyon at Kalikasan, Ating Pangalagaan!"
- The participants to this activity are expected to personally perform at the said venue aside from submitting a video presentation of their performances at this email address: citynutritionoffice@elsalvadorcity.gov.ph.
- Attached are the mechanics of the activities, Nutri-Tula contest for the elementary level, while Nutri-Jingle contest for the secondary level.
- This Office adheres to the Equal Opportunity Principle (EOP). Hence, all decisions and actions shall be based solely on guidelines set forth, with no discrimination on the account of age, gender identity, sexual orientation, civil status, disability, religion, ethnicity or political affiliation.
- Immediate and wide dissemination of this Memorandum is directed.


RANDOLPH B. TORTOLA
Schools Division Superintendent

ATCH: As stated
To be included in the **Perpetual Index**
under the following subjects

NUTRITION MONTH PROGRAM

SGOD/SHNU/czk



Address: Zone 3, Tuburan, Poblacion, El Salvador City
Telephone Nos.: (088) 882-6326
Email Address: elsalvador.city@deped.gov.ph
Website: depedelsalvadorcity.org

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Republic of the Philippines
Province of Misamis Oriental
City of El Salvador



CITY NUTRITION OFFICE

2026 Nutrition Month Celebration

Activities & Mechanics	Criteria		Prizes
Nutri Fashion Show Contest Mechanics: - Open to Child Development Center (CDC) and Supervised Neighborhood Play (SNP) pupils aged 3-4 years old. ONE contestant per barangay only. - The contestant must pass a photocopy of birth certificate to their designated Barangay Nutrition Scholars on or before 13 July 2026. - Outfits must be made from recycled materials (e.g., plastic bottles, newspapers, cartons) or sustainable materials in relevance to this years nutrition month theme "Nutrisyon at Kalikasan, Ating Pangalagaan!" - The participant is required to prepare a Nutri-Kasabihan to be presented as part of the participants introduction during the day of the Culminating Program. - Each participant is required to submit 2 photos with different poses of them wearing their outfit on or before 17 July 2026. - Photos to be passed shall be in high resolution (3:4 ratio) in a portrait format. - Photo entries will be posted to the El Salvador City Nutrition Office Facebook Page for public viewing and voting. Overall social media engagement shall be based on the total number of likes/reactions, and shares. Public voting will be closed on 26 July 2026. - Social Media votes will consist of 10% of the overall score of the participant.	40%	Creativity and Originality <i>(Uniqueness of the design)</i>	1 st Prize ₱2,000 2 nd Prize ₱1,400 3 rd Prize ₱1,200 Consolation Prizes - ₱700
	30%	Use of Recycled Materials <i>(The inventive use of eco-friendly materials)</i>	
	10%	Relevance to Theme & Overall Appearance <i>(How well the overall outfit represents the theme)</i>	
	10%	Nutri-Kasabihan <i>(Organization of content)</i>	
	10%	Social Media Engagement <i>(Likes acquired from the entry posted)</i>	
	100%	TOTAL	

11. Social Media votes will consist of 10% of the overall score of the participating group.			
Nutri-Tula Mechanics: 10. The contest is open for the Grade 4-5 students from Public and Private Elementary Schools in El Salvador City. 11. The Tula must consist of 3-4 stanza only in relation to the theme; “Nutrisyon at Kalikasan, Ating Pangalagaan!” 12. Each participant is required to submit a video of their performance on or before 13 July 2026. 13. Video resolution shall be at least 1080p (1920x1080) in a landscape format. 14. Video entries will be posted to the El Salvador City Nutrition Office Facebook Page for public viewing and voting. Overall social media engagement shall be based on the total number of likes/reactions, views and shares. Public voting will be closed on 26 July 2026. 15. Social Media votes will consist of 10% of the overall score of the participating group.	40%	Relevance to the theme <i>(Content)</i>	1 st Prize ₱2,000 2 nd Prize ₱1,400 3 rd Prize ₱1,200 Consolation Prize - ₱700
	20%	Organization <i>(Unity of thought, presentation)</i>	
	20%	Originality	
	10%	Creativity and clarity of language used	
	10%	Social Media Engagement	
	100%	TOTAL	

Nutri-Agri Table Contest 1. This contest is open and must be participated by the 15 barangays . 2. The table/tents and garbage bags will be provided by the participants. 3. They must provide and display their own vegetable, fruits and other agricultural products according to these food groups: GO, GROW and GLOW Foods 4. The table design should reflect and match this year's theme . 5. Judging will start at 10:00 AM	40%	Nutritive Value – Presence of Go, Grow and Glow products	1 st Prize ₱6,000 2 nd Prize ₱4,000 3 rd Prize ₱3,000 Consolation Prizes- ₱1,000
	20%	Volume of Display – The quantity of products displayed	
	20%	Originality – Presence of products that are unique in their respective barangays	
	20%	Table Design & Presentation – Product display, including proper organization and labeling, should be aligned with the overall table design and arrangement.	
	100%	TOTAL	
Nutri-Jingle Contest Mechanics: 1. The contest is open for the Public and Private High Schools in El Salvador City. ONE group/school per barangay only. 2. Each team must consist of 7-10 members (ages 13-16 years old) and may consist of all male, all female, or mixed members. 3. The first 8 schools to register will be the official participating group to join the contest. 4. The jingle must be lively, appealing, creative and must highlight this year's Nutrition Month theme, "Nutrisyon at Kalikasan, Ating Pangalagaan!" 5. The use of offensive and rude words is strictly prohibited . 6. Any musical instrument can be used as accompaniment. 7. The duration of the jingle entry must be a minimum of 3 minutes and a maximum of 4 minutes including entrance and exit. 8. Each participating group is required to submit a video of their Jingle performance on or before 13 July 2026 . 9. Video resolution shall be at least 1080p (1920x1080) in a landscape format . 10. Video entries will be posted to the El Salvador City Nutrition Office Facebook Page for public viewing and voting. Overall social media engagement shall be based on the total number of likes/reactions, views and shares . Public voting will be closed on 26 July 2026 .	40%	Composition, Theme and Rhyme	1 st Prize ₱5,000 2 nd Prize ₱3,000 3 rd Prize ₱2,000 Consolation Prizes- ₱1,000
	20%	Blending and Melody <i>(How sounds fit together simultaneously)</i>	
	20%	Performance <i>(Mastery, Timing and Coordination)</i>	
	10%	Entertainment Value <i>(Audience impact, Costume & Props)</i>	
	10%	Social Media Engagement <i>(Likes acquired from the entry posted)</i>	
	100%	TOTAL	