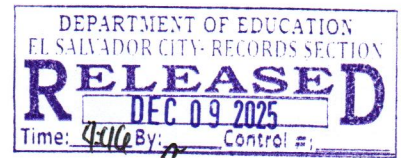




Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY



December 4, 2025

DIVISION MEMORANDUM

NO. 445, s. 2025

PARTICIPATION TO RE-ECHO TRAINING ON UNIVERSAL PREVENTION
CURRICULUM (UPC) FOR SUBSTANCE USE CURRICULUM 4: FAMILY-BASED
PREVENTION


To: Assistant Schools Division Superintendent
Chief Education Supervisor, SGOD & CID
Division NDEP Coordinator
Dentist II
Secondary NDEP Coordinators
All Others Concerned

1. As per Regional Memorandum No. 878, s. 2025 re: Re-Echo Training on the Universal Prevention Curricula (UPC) for Substance Use (Curriculum 4 – Family-Based Prevention), you are directed to attend the activity on December 8-12, 2025 at Duka Bay Resort, Medina, Misamis Oriental.
2. The participants of this training is expected to arrive on or before 12:00NN on December 8, 2025. Lunch as the first meal on December 8 and lunch as the last meal on December 12, 2025.
3. The participants shall register through this link <https://forms.gle/BHhpP5hAFtgUkZMY6>.
4. Transportation and other related expenses, including accommodation outside the training dates, may be charged to the local funds (PSP) downloaded for the activity as necessary, subject to the usual accounting, budgeting, and auditing rules and regulations.
5. Teaching and non-teaching participants involved in the conduct of this activity during the weekend and/or holidays shall be entitled to service credits in accordance with DepEd Order No. 53, s. 2003 entitled Updated Guidelines on Grant of Vacation Service Credits to Teachers. On the other hand, non-teaching staff shall be provided with Compensatory Time-Off (CTO) per Civil Service Commission and Department of Budget and Management Joint Circular No. 2, s. 2004 on Non-Monetary Remuneration for Overtime Service Rendered.
6. In adherence with the Equal Opportunity Principle (EOP) in observing all policies and protocol of the said activity. Hence, all actions shall be based solely on guidelines set with no discrimination on the account of age, gender identity, sexual orientation, civil status, disability, religion, ethnicity, or political affiliation.



Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

7. This office directs the immediate and wide dissemination


RANDOLPH B. TORTOLA
Schools Division Superintendent

Attachment.: As stated
Reference: Division Memorandum No.219, s. 2025
To be indicated in the Perpetual Index
under the following subjects:

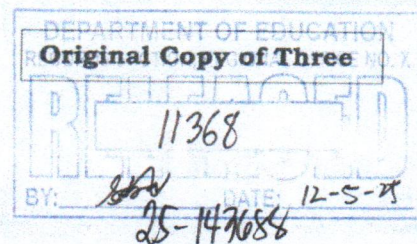
UPC
TRAINING

NDEP

SGOD/VPLT



Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO



December 3, 2025

REGIONAL MEMORANDUM
No. 108, s. 2025

UPDATED REGIONAL MEMORANDUM NO. 878, s. 2025
(RE-ECHO TRAINING ON UNIVERSAL PREVENTION CURRICULUM (UPC)
FOR SUBSTANCE USE CURRICULUM 4: FAMILY-BASED PREVENTION)

To: Schools Division Superintendents
All Others Concerned

1. This issuance refers to **Regional Memorandum No. 878, s. 2025** regarding the **Re-Echo Training on Universal Prevention Curriculum (UPC) for Substance Use Curriculum 4: Family-Based Prevention** on December 8-12.
2. Compensatory Time Off (CTO) will be granted to eligible personnel who rendered services beyond regular working hours and whose approved CTO credits may be applied during holidays, subject to existing DepEd and Civil Service Commission guidelines.
3. The COS personnel who render authorized overtime services during regular holidays should be allowed to claim overtime pay (or CTO) in addition to the holiday pay due for working on the holiday (CSC-DBM Joint Circular No. 02, s. 2004).
4. All other provisions in the previous Memorandum remain in effect.
5. For clarifications, please contact Dr. Rey Ignacio Cagang, Dentist III/NDEP regional coordinator, at 0956-608-0056 or email at hnu.regionx@deped.gov.ph.
6. This Office directs the immediate and wide dissemination of this Memorandum.

DR. ARTURO B. BAYOCOT, CESO III
Regional Director

For the Regional Director.

DR. FEDERICO P. MARTIN, CESO V
Assistant Regional Director

ATCH.: As stated
To be indicated in the Perpetual Index
under the following subjects:

CONFERENCES HEALTH EDUCATION

ESSD/leenemson



Address: DepEd Regional Office X, Zone 1, Upper Balulang, Cagayan de Oro City
Telephone No: (088) 881-3137
Email Address: region10@deped.gov.ph
Website: r10.deped.gov.ph

Doc. Ref. Code	RO-ORD-F013	Rev	01
Effectivity	01.22.24	Page	1 of 1

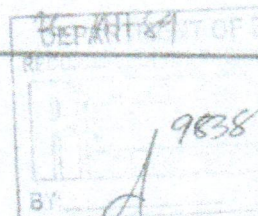




Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO

October 27, 2025

REGIONAL MEMORANDUM

No. 878, s. 2025

RE-ECHO TRAINING ON UNIVERSAL PREVENTION CURRICULUM (UPC)
FOR SUBSTANCE USE CURRICULUM 4: FAMILY-BASED PREVENTION

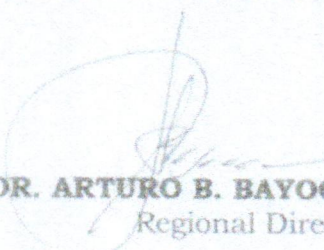
To: Schools Division Superintendents
School Health Coordinators

1. Supporting the Department of Education's (DepEd) commitment to promoting holistic learner development, mental health, and drug-free living, this Office, through the Health and Nutrition Section of the Education Support and Services Division, will conduct the **Re-Echo Training on the Universal Prevention Curricula (UPC) for Substance Use (Curriculum 4 – Family-Based Prevention)** at Duka Bay Resort, Medina Misamis Oriental, on December 8-12.
2. This activity aims for to capacitate the select DepEd X personnel to implement family-centered and gender-fair prevention strategies in addressing substance use concerns among learners and their families. It also promotes understanding of family dynamics and their crucial role in preventing substance use among children and adolescents through evidence-based and gender-responsive approaches and to strengthen collaboration between schools, families, and communities in promoting protective factors and reducing risk factors associated with substance use.
3. The participants of this training shall be the UPC attendees of UPC Curriculum 1 (Introduction to Prevention Science) and Curriculum 2 (Physiological and Pharmacological for Prevention intervention and Current Division NDEP Coordinators). Attached is the list of qualified participants for reference. Proxies are not allowed.
4. Please refer to the following for reference: List of Participants (Attachment No. 1) and Indicative Program (Attachment No. 2).
5. The participants shall register through this link <https://forms.gle/BHhpP5hAFtgUkZMY6>.
6. The participants are expected to arrive at the venue at/before 12:00 p.m., on December 8, with lunch as the first meal; lunch as the last meal, December 12.

7. Transportation and other related expenses, including accommodation outside the training dates, may be charged to the local funds (PSP) downloaded for the activity as necessary, subject to the usual accounting, budgeting, and auditing rules and regulations.

8. For questions and further clarifications, please contact Dr. Rey Ignacio B. Cagang, Dentist III, regional NDEP coordinator, through 0956-608-0056, or Lee Nemson T. Edillon, Technical Assistant II of the School Health Programs at 0960-422-3819. You may also contact the Health and Nutrition Section at hnu.regionx@deped.gov.ph.

9. This Office directs the immediate and wide dissemination of this Memorandum.


DR. ARTURO B. BAYOCOT, CESO III
Regional Director

ATCH: As stated
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION TRAINING PROGRAMS

RE: Re-Echo Training on the Universal Prevention Curricula (UPC)
for Substance Use (Curriculum 4 – Family-Based Prevention)

ESSD/Leenemson



Address: DepEd Regional Office X, Zone 1, Upper Balulang, Cagayan de Oro City
Telephone No: (088) 881-3137
Email Address: region10@deped.gov.ph
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Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO

October 27, 2025

REGIONAL MEMORANDUM
No. 878, s. 2025

DEPARTMENT OF EDUCATION	
REGIONAL OFFICE NO. X	
25-141189	
9838	
BY: <i>A</i>	DATE: 10/29/25

**RE-ECHO TRAINING ON UNIVERSAL PREVENTION CURRICULUM (UPC)
FOR SUBSTANCE USE CURRICULUM 4: FAMILY-BASED PREVENTION**

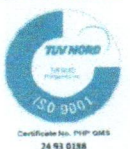
To: Schools Division Superintendents
School Health Coordinators

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- The participants of this training shall be the UPC attendees of UPC Curriculum 1 (Introduction to Prevention Science) and Curriculum 2 (Physiological and Pharmacological for Prevention intervention and Current Division NDEP Coordinators). Attached is the list of qualified participants for reference. Proxies are not allowed.
- Please refer to the following for reference: List of Participants (Attachment No. 1) and Indicative Program (Attachment No. 2).
- The participants shall register through this link <https://forms.gle/BHhpP5hAFtgUkZMY6>.
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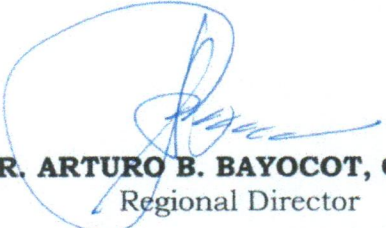
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DR. ARTURO B. BAYOCOT, CESO III
Regional Director

ATCH.: As stated
To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION TRAINING PROGRAMS

RE: Re-Echo Training on the Universal Prevention Curricula (UPC)
 for Substance Use (Curriculum 4 – Family-Based Prevention)

ESSD/Leenemson



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List of Participants

Name of Participants		Division	Name of Participants		Division
1.	Annadel Bacungan	Bukidnon (11)	51.	Phoebe Jean S. Mapandi	Lanao del Norte (6)
2.	Annie Cris Dela Peña		52.	Monina T. Nacario	
3.	Cesar Maandig Jr.		53.	Dryden Klee A. Samaniego	
4.	Erly Navarro		54.	Patre Raiffah A. Domato	
5.	Ma. Maya Luna, MD		55.	Angelina M. Tamala	Malaybalay City (7)
6.	Nympha Hortillosa		56.	Hazel Rusiana	
7.	Roy Carlos		57.	Jennifer L. Madelo	
8.	Reyno Sevilla		58.	Keziah Fatima M. Un	
9.	Sandra Amondina		59.	Marcos Julita K. Fulgencio	
10.	Pilar Z. Gunhuran		60.	Ian Augustus Nuñez	
11.	Nida O. Presas		61.	Ma. Cris V. Obenita	
12.	Amor C. Fajardo	Cagayan de Oro City (10)	62.	Antonio U. Abrasaldo	Misamis Occidental (5)
13.	Beato Buot		63.	Jovelle Kristin Dajao	
14.	Carmelo Mario Paderanga		64.	Mildred R. Chua	
15.	Lina Ludeña		65.	Patrice Jean B. dela Peña	
16.	Mauro Mendez		66.	Prince Arvin M. Garcia	Misamis Oriental (8)
17.	Rhea Dagondon		67.	Jasper Cañete	
18.	Rufe Filicilda		68.	Karen O. Galimba	
19.	Yvonne Karla M. Lobite		69.	Maria Lorna A. Siao	
20.	Herlie B. Ontoy		70.	Christ Mae Saculingan	
21.	Francis Leo C. Tagadiad		71.	Avegail J. Israel	
22.	Christy Marie R. Ongpoy, MD	Camiguin (7)	72.	Enrique Miguel M. Degamo, MD	Oroquieta City (5)
23.	Aida Abao		73.	Arlene P. Diez	
24.	Aileen Dadula		74.	Richie Jane A. Camas	
25.	Mary Ann Luspo		75.	Fe Psyche Nival	
26.	Remilyn Labadan		76.	Belcesar Baldero	

27	Stephen Atienza		77.	Victor Laurence B. Besas, MD	
28	Francisco Luspo Jr.		78.	Gwen Arvin Balahadia	
29	Bridget Gale B. Gellor	El Salvador City (6)	79.	Lawrence Pastrano	
30	Cristy Bombeo		80.	Anne Sodaria Rosario	Ozamiz City (6)
31	Mark Francisco		81.	Analyn L. Pepito	
32	Rhea Loon		82.	Kendrid Marie Q. Behis	
33	Richard Sabellano		83.	Aldrin L. Pinaguiton	
34	Vanessa P. Tiad		84.	Khary T. Aspacio, MD	
35	Elena Javien	Gingoog City (8)	85.	Ebenezer Bud L. Bangcong	Tangub City (5)
36	Esther Mae M. Baniga		86.	Razel Bacotot	
37	Jenny Katherine U. Villegas		87.	Diosdada Trompeta	
38	Dariza Flor A. Pineda		88.	Emadyl Bonie D. Casuyon	
39	Joseph Triston Benedict M. Rafols, MD		89.	Emadyl Bonie D. Casuyon	Valencia City (10)
40	Jhonabelle Biado		90.	Cecille Louelle A. Gulbe	
41	Nilda U. Villegas	Iligan City (6)	91.	Ian Carl Michael J. Perez, MD	
42	Marven C. Asetre		92.	Sody S. Cañete	
43	Christina E. Monero		93.	Michael Aguinaldo	
44	Cristine Agnes Z. Osabel		94.	Anne Christine Benitez	
45	Dale Gil L. Julia		95.	Dale Gonzales	
46	Joan B. Cañeda		96.	John Mark Alitao	
47	Paul Patrick L. Guanzon	Lanao del Norte	97.	Leonor Pampanga	
48	Hazel Joy B. Javier		98.	Lovella Setias	
49	Claudette B. Rabago	Lanao del Norte	99.	Mary Ann Traya	
50	Jed Christian P. Macapobre		100.	Wisdom Sumalhay	

Attachment No. 2 to Regional Memorandum No. 878, s. 2025

**RE-ECHO TRAINING ON UNIVERSAL PREVENTION CURRICULUM (UPC) FOR
SUBSTANCE USE CURRICULUM 4: FAMILY-BASED PREVENTION**
December 8-12, 2025

Schedule of Activities

TIME	Re-Echo Training on Universal Prevention Curricula (UPC) for Substance Use (Curriculum 4-Family-Based Prevention) December 8, 2025 (Day 1)
8:00 a.m. – 12:00 p.m.	Arrival of Participants
1:00 – 2:00 p.m.	Registration
2:00 – 2:30 p.m.	National Anthem
	Invocation
	Presentation of Participants
	Opening Remarks Atty. Candice Zennia R. Razon Atty IV/ OIC-Chief, ESSD
2:30 – 3:30 p.m.	Message: Dr. Arturo B. Bayocot, CESO III Regional Director Maria Corazon C. Dumlao, MD, MPH, DBHI, ICAP-P Chief, School Health Division
3:30 – 5:00 p.m.	Updates: Proper Management of Learners on Drugs Related Offenses Atty. Candice Zennia R. Razon Atty IV/ OIC-Chief, ESSD

TIME	Re-Echo Training on Universal Prevention Curricula (UPC) for Substance Use (Curriculum 4-Family-Based Prevention) December 9, 2025 (Day 2)
8:00 a.m. – 12:00 p.m.	Module 1: Training Introduction Dale Gil Julia, RN Nurse II – Division of Iligan City
12:00 – 1:00 p.m.	LUNCH
1:00 – 5:00 p.m.	Module 2: Introduction to the Family Dr. Rey Ignacio B. Cagang Dentist III/Regional Coordinator – NDEP

TIME	Re-Echo Training on Universal Prevention Curricula (UPC) for Substance Use (Curriculum 4-Family-Based Prevention) December 10, 2025 (Day 3)
8:00 a.m. – 12:00 p.m.	Module 3: Family-Based Intervention: Types and Evidence



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	Dr. Ricardo G. Dragon Jr., RN, MN, PDO IV – ESSD
12:00 – 1:00 p.m.	LUNCH
1:00 – 5:00 p.m.	Module 4: Examples of High-Quality Family-Based Prevention Programs Prof. Francis Grace H. Duka Pante UPC Certified Global Master Trainer

TIME	Re-Echo Training on Universal Prevention Curricula (UPC) for Substance Use (Curriculum 4-Family-Based Prevention) December 11, 2025 (Day 4)
8:00 a.m. – 12:00 p.m.	Module 5: Implementing Family-Based Prevention Interventions: Barriers and Solution Prof. Francis Grace H. Duka Pante UPC Certified Global Master Trainer
12:00 – 1:00 p.m.	LUNCH
1:00 – 5:00 p.m.	Module 6: Monitoring and Evaluation of Family Programs Leonor T. Pampanga, RN Nurse II – Division of Valencia City

TIME	Re-Echo Training on Universal Prevention Curricula (UPC) for Substance Use (Curriculum 4-Family-Based Prevention) December 12, 2025 (Day 5)
8:00 a.m. – 12:00 p.m.	Module 7: Review of Family-Based Prevention Interventions: Application to Practice Dr. Rey Ignacio B. Cagang Dentist III/Regional Coordinator – NDEP CLOSING PROGRAM
12:00 – 1:00 p.m.	LUNCH
1:00 – 5:00 p.m.	Travel Time (Home Sweet Home)