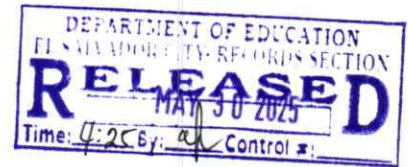




Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY



28 May 2025

DIVISION MEMORANDUM

No. 177 s. 2025

**PHYSICAL FITNESS PROGRAM THROUGH ZUMBA DANCE FOR
DIVISION OFFICE PERSONNEL**

To: **Assistant Schools Division Superintendent**
Chief, Schools Governance and Operations Division
Chief, Curriculum Implementation Division
All Others Concerned
This Division

1. Relative to Division Memorandum No. 097, s. 2025, **Physical Fitness Program Through Zumba for Fitness Dance for Division Office Personnel**, the Schools Governance and Operations Division (SGOD) - School Health and Nutrition Unit (SHNU) will resume the Zumba Dance next week on **June 4, 2025** and every Wednesday of the following week, at 4:00-5:00PM in the Division Courtyard.
2. Furthermore, if ma'am Vanity Jade Lazaga is unable to facilitate the Zumba due to work related concern, the following SDO personnel will take over. The SDO personnel are listed below:

NAME	UNIT
1. FRANZ MAYBELLE M. GAID	SGOD
2. ARIEL PADIGOS	Accounting
3. JOHN PERKINS SILLABE	Admin.
4. APRIL JEAN BALOGBOG	CID

3. The activity aims to improve work performance, increase efficiency and productivity and promotion of positive mental health to personnel by achieving physical health and wellness.
4. All Division Office Personnel are requested to attend Zumba session. Personnel are further enjoined to wear comfortable clothes/Zumba attire every session.
5. This office shall adhere to Equal Opportunity Principle (EOP) in the conduct of this activity. Hence, all decisions and actions shall be based solely on the



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guidelines set forth, with no discrimination on the account of age, ethnicity, gender, marital status, religion and political affiliation.

6. For information.


RANDOLPH B. TORTOLA
Schools Division Superintendent 

To be indicated in the Perpetual index

Under the following subject:
SGOD/VPLT



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